

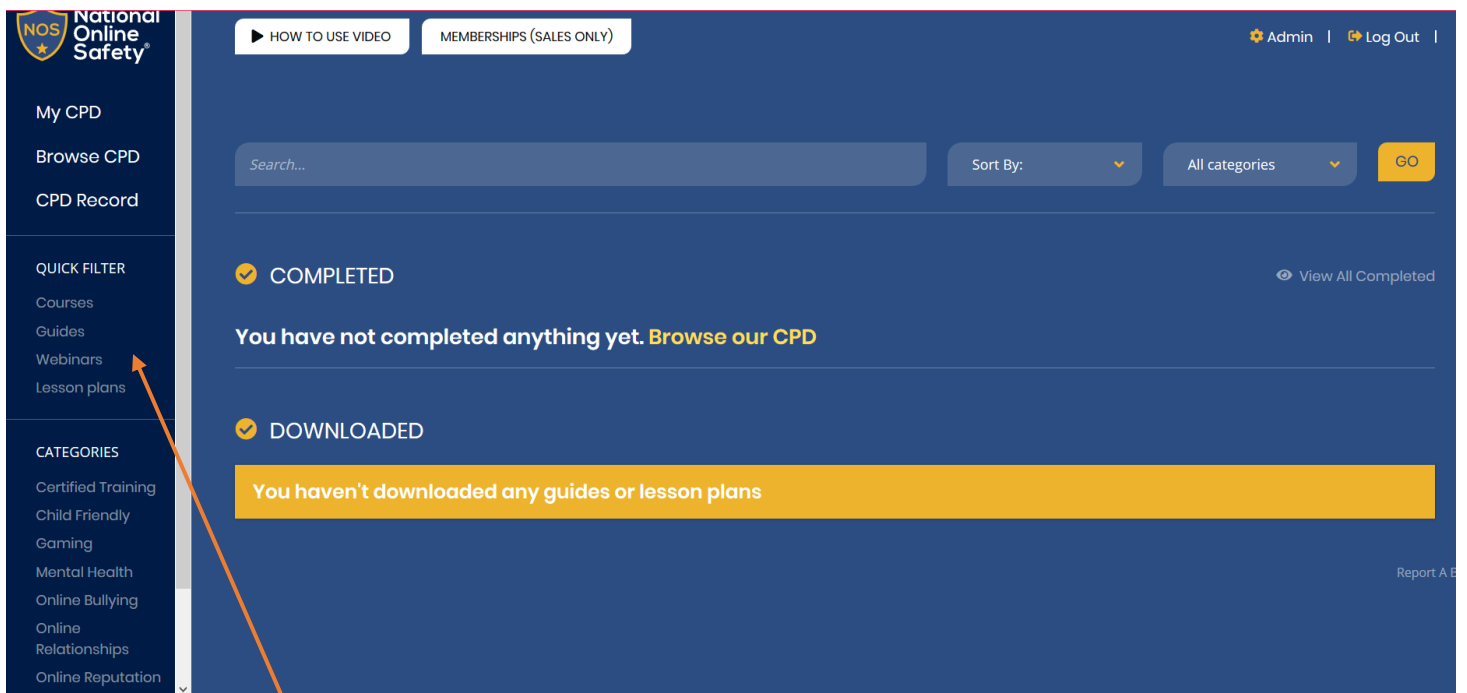
National Online Safety

Parent User Guide

- 1. CPD Courses**
- 2. Platform Guides**
- 3. Navigating CPD**
- 4. Your CPD Record & Managing your Account**

Our Customer Support Team are available at support@nationalonlinesafety.com and 08003688061.

1. CPD Courses



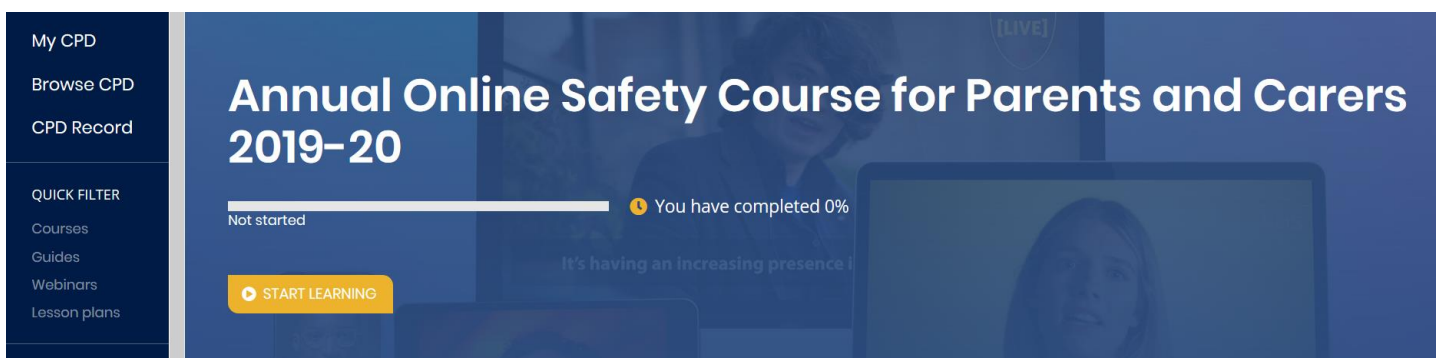
The screenshot shows the National Online Safety CPD homepage. The left-hand menu includes 'My CPD', 'Browse CPD', 'CPD Record', 'QUICK FILTER' (Courses, Guides, Webinars, Lesson plans), and 'CATEGORIES' (Certified Training, Child Friendly, Gaming, Mental Health, Online Bullying, Online Relationships, Online Reputation). The main content area has a search bar, 'Sort By:' dropdown, and 'All categories' dropdown. The 'COMPLETED' section shows 'You have not completed anything yet. Browse our CPD' with a 'View All Completed' link. The 'DOWNLOADED' section shows 'You haven't downloaded any guides or lesson plans' in a yellow banner.

On your homepage, you can browse all our CPD by using the left-hand menu to filter by content type or content category.



The screenshot shows the 'ONLY COURSES' filter view. The left-hand menu is visible. The main content area shows a course card for 'Annual Online Safety Course for Parents and Carers 2019-20' with a 'START LEARNING' button. The course card includes a 'Certified Training' badge and a video thumbnail.

Select the 'Annual Online Safety Course for Parents and Carers' – and click to 'Start Learning' to complete the course.



The screenshot shows the course page for 'Annual Online Safety Course for Parents and Carers 2019-20'. The left-hand menu is visible. The main content area shows the course title, a progress bar at 0%, and a 'START LEARNING' button. The course card includes a 'Certified Training' badge and a video thumbnail.

2. Platform Guides

HOW TO USE VIDEO | MEMBERSHIPS (SALES ONLY) | Admin | Log Out

Search... | Sort By: | All categories | GO

ONLY GUIDES

- 12 Social Media Online Safety Tips (Social Media, Technology)
- 12 Smartphone Online Safety Tips (Technology, Child Friendly)
- Online Safety Tips For Children (Child Friendly)
- What Parents Need to Know About Call Of Duty: Modern Warfare (Gaming)

To access all our platform guides, you can select 'Guides' from the left-hand menu. This includes all of our weekly guides for staff, parents and children- available for download or to view online.

The guides are sorted by category to help you select those which are most useful for you. The topics covered in each guide are displayed in the top right-hand corner of each icon. We have a huge range of guides available for your whole school community- and a new guide will be available here weekly.

National Online Safety

My CPD | Browse CPD | CPD Record

QUICK FILTER: Courses, Guides, Webinars, Lesson plans

CATEGORIES: Certified Training, Child Friendly, Gaming, Mental Health, Online Bullying, Online Relationships, Online Reputation

Social Pressures Linked To 'Likes'

'Likes' are a simple way for users to show that they like a post on social media. This could be anything from photos and videos to status updates and comments. The feature is widely used on several social media platforms and is extremely popular on Instagram and Facebook. It is often used by children to measure the success of their social media post and gauge opinion. However, it can also bring a number of social pressures, particularly if users start to question their own levels of popularity.

What parents need to know about **SOCIAL PRESSURES LINKED TO 'LIKES'**

DAMAGING TO SELF-ESTEEM: Your child may use likes to measure their own self-worth, with some kids wanting a greater level of confidence and acceptance.

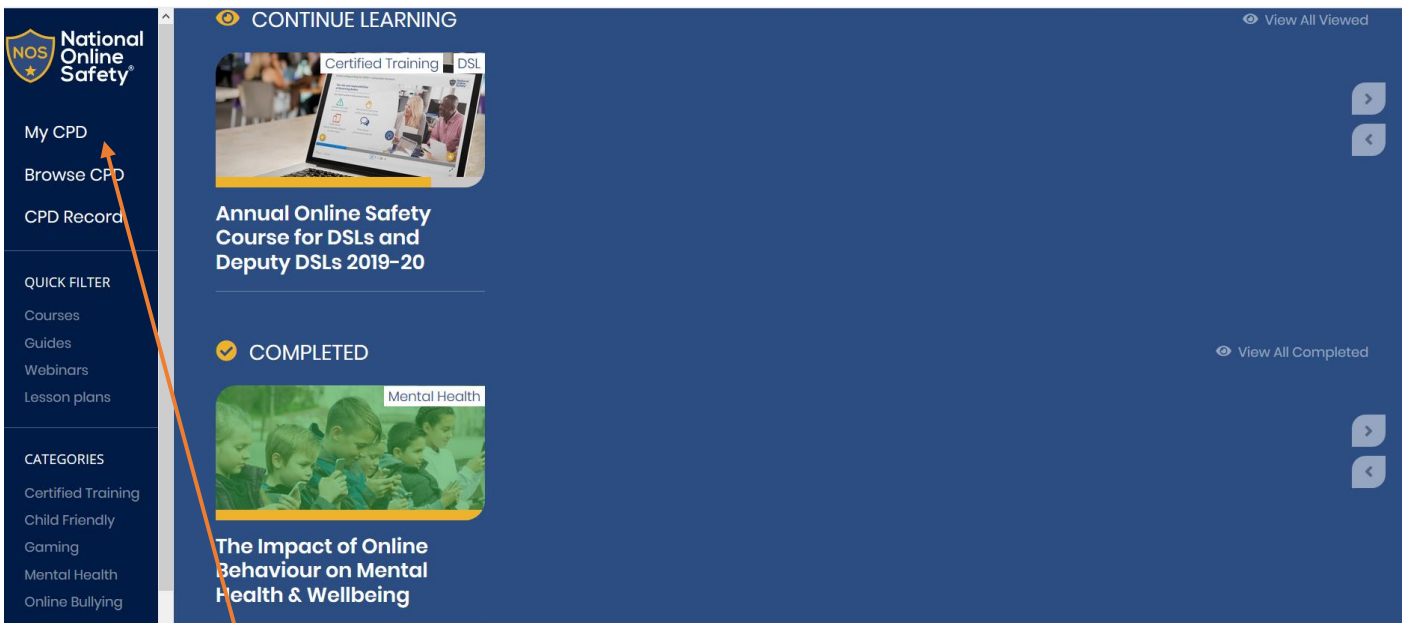
LIVE 47 Watching

AN ADDICTIVE FEATURE: Like features encourage children to stay online for longer. In doing so, your child is likely to engage with app's for longer.

PAGE: 1 | DOWNLOAD PDF | DOWNLOAD JPG | PAGE: 1 / 1

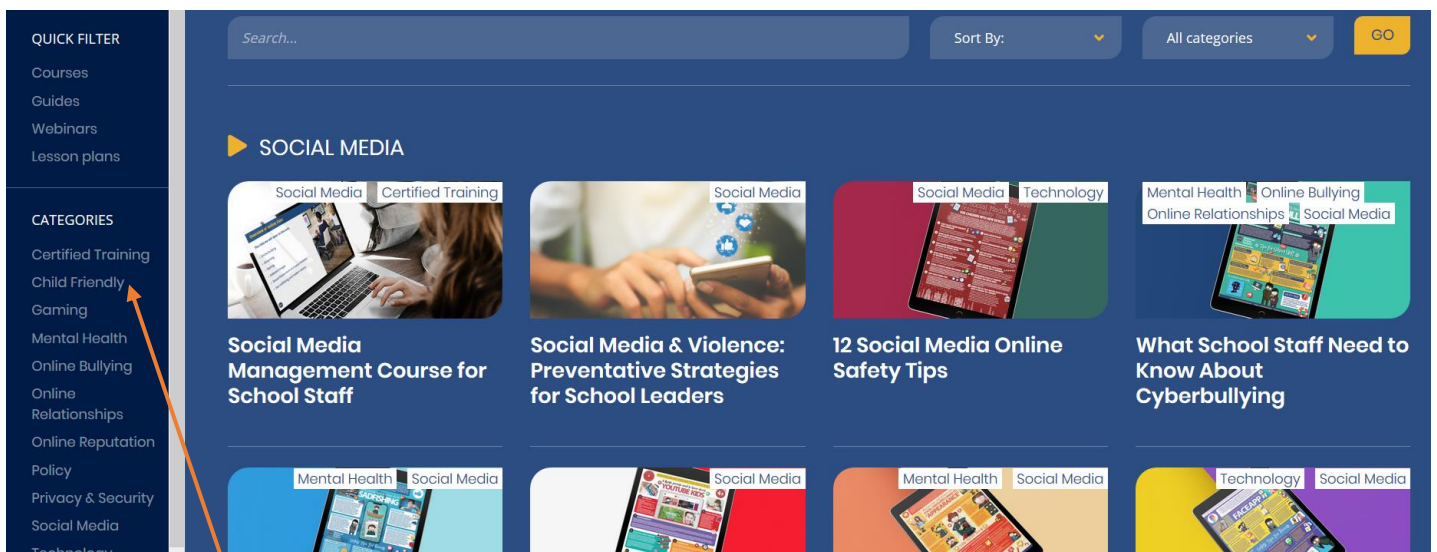
When selecting a guide, you can either view online, 'Download PDF' or 'Download JPG'. Any guide you view & download will show as engaged with in your personal CPD Record. All guides are available for all accounts with a certified membership.

3. Navigating CPD



Any content which you have started, completed or downloaded will be available by selecting 'My CPD' on the left-hand menu.

You'll be able to pick up where you left off with any CPD that's currently in progress, view any completed CPD again and access all your downloaded content.



As well as browsing our CPD by type (as previously demonstrated), you can browse our CPD by category on the left-hand menu. Selecting a topic will bring up all courses, webinars and guides which pertain to that particular topic.

4. Your CPD Record & Account Management

CPD	STATUS	% PROGRESS	COMPLETED	CERTIFICATE
Annual Online Safety Course for DSLs and Deputy DSLs ...	In Progress	80%		▶ CONTINUE
Social Pressures Linked To 'Likes'	Complete	100%	02/01/2020	
The Impact of Online Behaviour on Mental Health & Wel...	Complete	100%	02/01/2020	↓ DOWNLOAD

By selecting 'CPD Record' from the left-hand menu, you can view your personal learning record. This includes all CPD that you've started or completed. You'll be able to view the name of the CPD, the percentage of progress, and your completion date .

Admin | Log Out |

By selecting 'Admin' in the top right corner, you can access & edit your account details under 'My Account'. You can edit your name, email address, job title & phone number – and you can also edit your password.